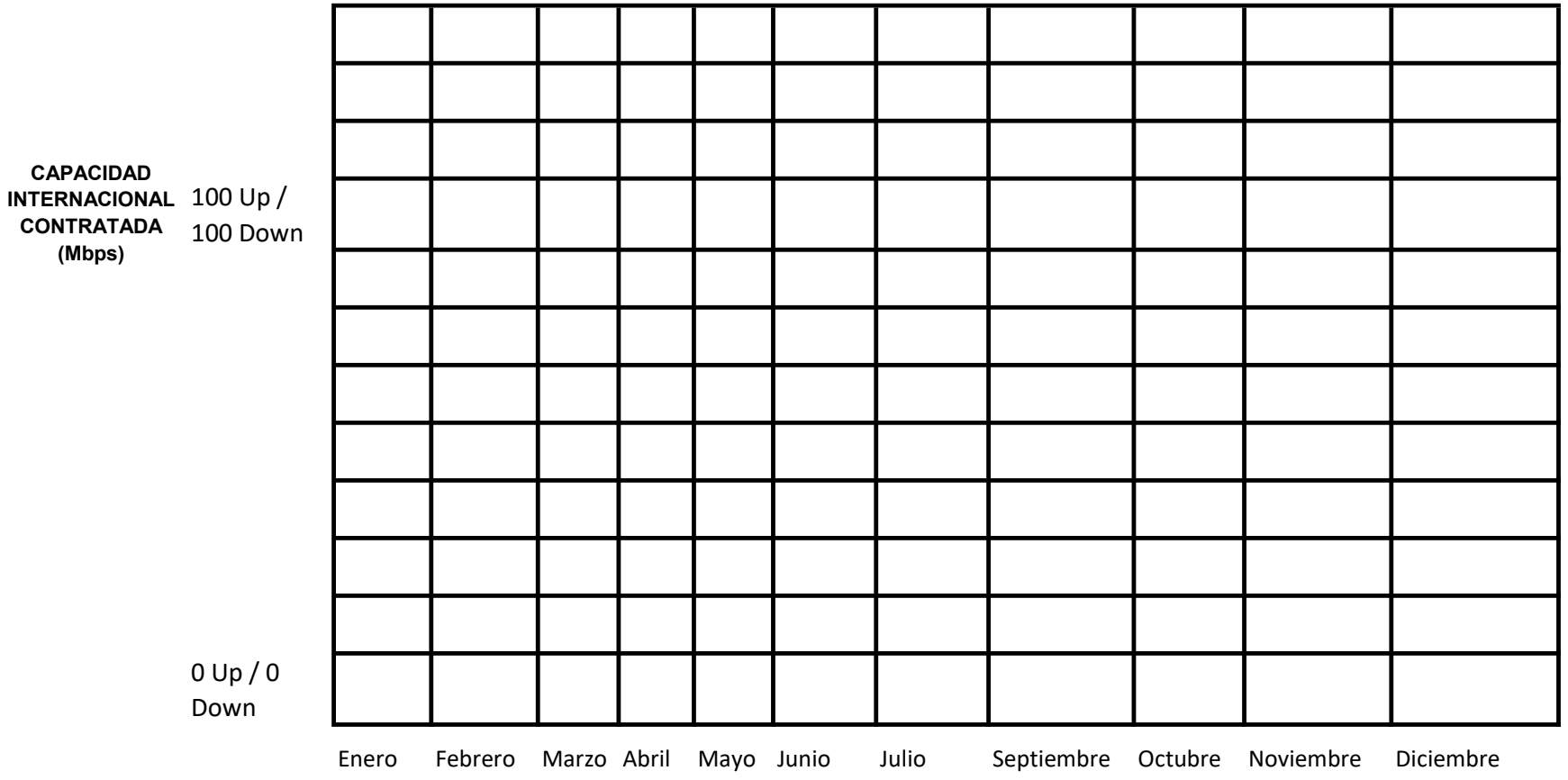CAPACIDAD EFECTIVA UTILIZADA VS. CAPACIDAD INTERNACIONAL CONTRATADA